

PICKLEBALL TIPS

PLAY SMART. STAY CONSISTENT. HAVE FUN!



1. Master the Serve

Keep your serve deep, aiming toward the back of your opponent's court. Consistency and placement are more important than power.

2. Get to the Kitchen Line

After serving or returning, move up to the kitchen line as quickly as possible. The team that controls the kitchen line usually controls the point.

3. Dink with Purpose

Use soft dinks just over the net into your opponent's kitchen. Be patient and wait for a high ball you can attack. Don't try to hit winners too early.

4. Use Quick, Balanced Footwork

Stay on the balls of your feet and use small, quick steps. Move smoothly and stop under control—never step into the non-volley zone during a volley.

5. Communicate in Doubles

Call shots clearly ("mine" or "yours"), decide who takes middle balls, and support your partner. Good communication prevents mistakes and creates opportunities.

6. Choose Your Shots Wisely

Mix up your shots—use soft shots, drives, lobs, and angles to keep opponents off balance. Target their weaknesses and exploit their positioning.

7. Minimize Unforced Errors

Keep the ball in play and make your opponent hit one more shot. Wait for the right opportunity and make smart, high-percentage plays.

8. Practice with Purpose

Work on specific skills like serving, dinking, and volleying. Drills build muscle memory and confidence. Even short, focused practice leads to improvement.

9. Stay Mentally Strong

Stay calm and focused, especially in long rallies or close games. Don't dwell on mistakes—focus on the next point and maintain a positive attitude.

10. Adapt Your Game

Every opponent is different. Pay attention, adjust your strategy, and be flexible. Awareness and adaptability lead to success.

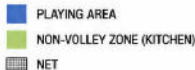
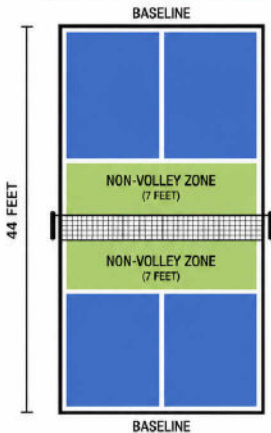
11. Support Your Partner

Encourage your partner, celebrate good shots, and stay positive together. A strong team mindset makes a big difference.

12. Most Importantly, Have Fun!

Pickleball is meant to be enjoyable. Play with a good attitude, respect your opponents, and love the game!

PICKLEBALL COURT



COMMON SHOTS



DRIVE

A fast, flat shot hit with power from the baseline or kitchen line.



DINK

A soft shot hit gently over the net into the opponent's kitchen.



LOB

A high, deep shot used to get over opponents and push them back.



ANGLE

A shot hit cross-court to create better positioning and open space.