



Pickleball

Serve Rules

- Serves must be made underhand with an upward motion.
- Contact with the ball must be below the waist (navel level).
- The paddle head must be below the wrist at contact during a volley serve.
- At least one foot must remain behind the baseline when serving.
- The serve must land diagonally in the opponent's service box.
- Servers only get one serve attempt (no second serve).
- The ball must not land in the non-volley zone (kitchen) on a serve.
- Both teams must follow the double-bounce rule after the serve.
- A drop serve is allowed, where the ball bounces before being hit.
- In doubles, each player serves before the serve passes to the other team.